

Updates

We expect to see some major activity in the construction site this week. A big portion of the steel frame will be arriving on Thursday. As soon as the steel gets here the construction team will begin installing it. During the delivery and installation of the steel frame we will be losing another small section of the parking lot, as it will be needed to stage and prep before it is installed. We anticipate this impact on parking to take place Thursday and Friday of this week.



On an exciting note, we have added a new piece of equipment that will eventually be located in the expansion's new stretching space. The new True Stretch is currently located in the hallway for member use and provides great way to help you stretch before or after your workout.

We appreciate your patience as we make it through this very busy time of year. With the construction going on, the limited space and one unusable exit in the Fitness Room, we really need to pay close attention to the number of members using the room. We want to be sure that our members have a safe environment to work out in. With this being said, we would encourage members to use the alternate equipment in the hallways. We would also encourage anyone that has the flexibility in their schedule to avoid the busy evening hours between 6pm and 9pm Monday through Thursday. We appreciate your patience as we continue to work on expanding the Fitness Center for you.

What to Expect

Next Week:

- Framing of the addition will continue.
- Completion of the interior office work is expected to finish.

Near Future:

- Removal of plastic sheeting from the interior of the Fitness Center should take place in the next two weeks.

Impacts to Members

With the construction of the expansion's frame we anticipate that there will be some additional noise coming from the exterior of the building. In addition to the parking lot space used for the construction site, 10-15 additional parking lot spaces will be used to store the steel framing and roof trusses on Thursday and Friday this week.

Tell Us What You Think

While we anticipate some impacts during construction, the staff at the CRC is committed to mitigating these impacts as much as possible. Let us know how we are doing, by filling out a comment card, talking to our staff, or emailing us at chris.ghione@mhcrc.com. We really feel the final project will be "worth the weight".